# Healthy Minds Healthy Children

## Online Continuing Professional Development

### 2017-18 Courses

<table>
<thead>
<tr>
<th>Month</th>
<th>Courses</th>
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<tr>
<td>September</td>
<td>1. Trauma Series, Part 1: Healing the Healer: Understanding Vicarious Trauma, Compassion Fatigue, Rescue Fantasy, and Burnout</td>
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| October    | 2. Managing Anxiety in the ASD population: Have we been doing it all wrong?  
            3. Child Development Series, Part 7: Atypical Motor Development        |
| November   | 4. Child Development Series, Part 8: Atypical Language and Communication Development  
            5. Perinatal Mental Health Series, Part 1: The Foundations: Mental Health in Pregnancy and the Postpartum Period |
            7. Trauma Series, Part 2a: Trauma Informed Care: Core Issues, Assessing Impact, and Counselling Frameworks  
            8. Trauma Series, Part 2b: Trauma Healing: Resourcing, Emotional Regulation, and Post Traumatic Growth  
       11. Marijuana Series, Part 1: Cannabis, Brain Development, and Mental Health |
| March      | 12. Eating Disorders: Bringing Awareness and Strategies to the Table  
            13. Trauma Series, Part 2c: After Stabilizing & Resourcing Positive States: Managing Trauma Arousal |
| April      | 14. Medications Update: Prescribing Practice for ADHD, Anxiety, Depression in Children and Youth  
            15. Trauma Series, Part 2d: Trauma Informed Specific Treatment Strategies |
| May        | 16. The Role of Spirituality in Mental Wellness and Everyday Life  
            17. Marijuana Series, Part 2: Cannabis Legalization in Canada: Implications for Youth Education and Prevention |

Courses are accredited & free for Professionals in Alberta!

Managing Child and Adolescent Mental Health Issues in a Primary Care Setting. Healthy Minds/Healthy Children (HM/HC) Continuing Professional Development (CPD) program supports Alberta primary care providers’ efforts to meet the mental health needs of children and adolescents. The CPD program is intended for primary care practitioners who see children and adolescents with mental health problems.

Objectives: 1. To increase the skills and confidence of primary care practitioners to effectively address the mental health needs of their young patients; 2. To promote inter-professional dialogue among health care providers treating or working with child and adolescent mental health problems.

Accredited: This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada. This CPD Program also meets the certification criteria of the College of Family Physicians of Canada and has been certified by The CME & PD Office of the Cumming School of Medicine University of Calgary for up to 34 Mainpro + Group Learning credits. These courses are also accredited by the Alberta College of Social Workers and the Canadian Counselling and Psychotherapy Association.

Courses are on a first come, first served basis.
For more information, 403-955-4642, www.hmhc.ca, or email hmhc@ahs.ca

Register online! [https://survey.ahs.ca/CPD_Reg](https://survey.ahs.ca/CPD_Reg)
Healthy Minds/Healthy Children Online CPD Registration Form 2017-18

**Technical Requirements** - Computer, mobile device, internet access

**Online Courses** - Expert narration over PowerPoint, interactive discussion, resources

**Select Courses** - Mark your choice(s) with an X below and fax or mail this form to us, or register online

**Access** - Username and password will be emailed to you when your registration has been processed

Please complete ALL sections below for your registration to be accepted

First Name ____________________________  Last Name ____________________________

Place of Employment __________________________________________________________

City/Province ____________________________________________________________ Urban or Rural (less than 10,000)

Email (Required) ___________________________________________________________ Degree & License ______________________________

University of Calgary D2L Username (if previously given) __________________________ Phone Number ______________________________

Do you currently provide clinical services to children or youth with addiction or mental health issues? ☐ Yes ☐ No

Profession:

☐ Social Worker ☐ Mental Health Therapist, Specify: ____________

☐ Nurse, Specify: ____________ ☐ Occupational Therapist

☐ LPN ☐ Counsellor, Specify: ____________

☐ Physician, Specify: ____________ ☐ Pharmacist

☐ Psychologist ☐ Other, Specify: ____________

Mark your choice(s) below or register online

Each course begins on the first of the month, closes last day of the month

**September 2017**

☐ 1. Trauma Series, Part 1: Healing the Healer

**October 2017**

☐ 2. Managing Anxiety in the ASD population

☐ 3. Child Dev Series, Part 7: Atypical Motor Development

**November 2017**

☐ 4. Child Dev Series, Part 8: Atypical Language and Communication Development


**January 2018**


☐ 7. Trauma Series, Part 2a: Trauma Informed Care

☐ 8. Trauma Series, Part 2b: Trauma Healing


**February 2018**


☐ 11. Marijuana Series, Part 1: Cannabis, Brain Development, and Mental Health

**March 2018**

☐ 12. Eating Disorders

☐ 13. Trauma Series, Part 2c: After Stabilizing & Resourcing Positive States: Managing Trauma Arousal

**April 2018**

☐ 14. Medications Update

☐ 15. Trauma Series, Part 2d: Trauma Informed Specific Treatment Strategies

**May 2018**

☐ 16. The Role of Spirituality in Mental Wellness and Everyday Life

☐ 17. Marijuana Series, Part 2: Cannabis Legalization in Canada

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https://www.facebook.com/healthyminds1

Register online!  https://survey.ahs.ca/CPD_Reg

or Fax 403-955-8184